

Howell Area Parks & Recreation Authority

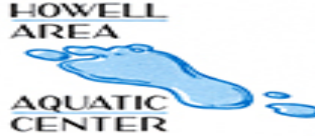


Sunday July 25, 2010

Check in: 8:00am

Event Starts: 9:00am

Sponsored by:



Crosstown Kids Triathlon Entry Form

Name _____

Male Female Age _____ Date of Birth ____/____/____

Address _____

City/State/Zip _____

Residency: City of Howell Oceola Township Genoa Township Marion Township Other _____

Home Phone (____) _____ Work Phone (____) _____

Email _____

T-shirt size for: Youth S M L
Adult S M L

Method of Payment:
 Cash Check Mastercard Visa American Express
Credit Card Number _____ Exp. Date _____
Signature _____

*I know that running is a potentially hazardous activity. I should not run unless I am medically able and properly trained. I assume all risks associated with participating in this event including but not limited to, falls, contact with participants, the effects of weather, traffic, road conditions, all such risks being known and accepted by me. Having read this waiver and signed the entry form, I for myself and anyone entitled to act on my behalf, waive and release all promoters, representatives, agents, sponsors, municipalities, and participants from claims or liabilities of any kind from my participation in this event. No refunds, no transfers. I also authorize the Howell Area Parks & Recreation Authority to utilize my photograph, personal narrative, interviews, or audio and video recording of my participation for any and all purposes. **NO REFUNDS, NON TRANSFERABLE***

Signature of participant (or parent/guardian if under 18) _____ Date _____

Information

The Crosstown Kids Triathlon is an exciting sport for young athletes because it involves three activities that every child enjoys—swimming, biking and running. The event offers a unique opportunity to encourage physical activity, promote self-esteem, and establish a life-long healthy foundation for kids. No experience necessary to participate.

The triathlon is open to boys and girls ages 7-14. Age divisions will be based on child's age as of December 31, 2010. Age divisions will be 7/8, 9/10, 11/12, and 13/14. Boys and girls will be competing separately. Participants must provide the following: bike, helmet and swim suit.

Location

The Crosstown Kids Triathlon will take place at the Howell Area Aquatics Center which is located on the Howell High School campus, on Highlander Way Road north of Grand River Ave. before M-59/Highland Rd. Turn east onto the service drive; follow the signs to the pool parking lot about 1/2 mile on the left (pass bus garage entrance).

Distances

Age 7-8 50 yard swim, 2 mile bike, 1/2 mile run
Age 9-10 100 yard swim, 2 mile bike, 1/2 mile run
Age 11-12 200 yard swim, 4 mile bike, 1 mile run
Age 13-14 300 yard swim, 4 mile bike, 1 mile run

Entry Fee

All early registrants will receive a race packet and t-shirt—please indicate t-shirt size on entry form. Late registrants are not guaranteed a t-shirt.
Kids Triathlon.....\$25 early/\$30 late

Registration Deadline

Early registration and online registration ends on July 23, 2010 at 12 noon. Registrations after this date and time will be subject to late registration fees. On-site registration will begin at 8:00am on July 25.

Scoring and Results

Race will be scored and timed using Champion Chips from Everal Race Management. Results will be announced at the end of the race and posted at www.veralracemgt.com and www.howellrecreation.org.

Awards

Awards will be given to the top 3 finishers in each age and gender category.

Five Easy Ways to Register

By Mail or In Person with check or credit card:
Howell Area Parks & Recreation Authority,
Bennett Recreation Center, 925 W. Grand River Ave.,
Howell, MI 48843.
By Phone with credit card: 517/546-0693 ext. 0
By Fax with credit card: 517/546-6018
On-line: Register with credit card at online form at
www.howellrecreation.org/