

HOWELL AREA PARKS & RECREATION AUTHORITY  
7th Annual Aquathlon and 1 Mile Open Water Swim  
Sunday, July 5, 2009

## 1 Mile Open Water Swim

### Women

**Overall Winner**

Heidi Hendrick 19:36

**15-19**

Shelby Albright 23:07

Kate Calhoun 26:25:00

**20-24**

Katie Lawrence 21:52

Lindsey Burk 36:54:00

**25-29**

Lindsey Vermillion 19:58

Michelle Lee 20:36

Katie Carpenter-Rosa 23:40

Jennifer Brandt 27:23:00

Nina White 28:44:00

**30-34**

Jenny Birmelin 20:57

Laura Camann 21:52

Stacy Veldt 24:39:00

Kelly Wissolik 32:15:00

**35-39**

Darcy Donaldson 26:14:00

Tracy Cohen 49:59:00

**40-44**

Kristene Johnston 19:38

Alison Young 28:05:00

**45-49**

Karen Rosinski 23:25

Renee Dalgeish 32:00:00

Sandy Harris 34:12:00

**50-54**

Cotton Pruitt 28:14:00

Kathleen Spillane 33:12:00

# Men

Cindy Foster	33:13:00
Bethann Perkins	34:57:00

## 55-59

Leslie Miyasato	30:12:00
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## 60-64

Susan Hawley	23:49
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## Overall Winner

Jim Ringer	19:33
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## 15-19

Josh Greid	20:13
Joseph Brosnan	20:37
Andrew Wickens	23:06

## 20-24

Matt Perry	20:25
Scott Przystas	21:00

## 25-29

Adam Bloom	21:37
David Devore	21:56
Ben Sinsheimer	24:51:00

## 30-34

Nat Spurr	22:02
Rob Wissolik	26:23:00

## 35-39

Ken Healy	19:55
Noah Birmelin	21:45
Sean Jyawook	23:09
Adam Beltz	23:15
Jim Allen	25:45:00
Mark Pagels	29:42:00
David Deguzman	29:51:00

## 40-44

Mark Savedes	21:14
Jeff Loyer	25:41:00
Carmi Edwards	28:38:00
Pete Spender	29:05:00
Peter Deininger	29:38:00
Eric Doyle	35:09:00

## 45-49

Adriano Rosa	19:54
Will Rudberg	26:20:00
Bruce Young	26:49:00

Matt Peterson	30:44:00
Ron Marvin	31:54:00

**50-54**

Chris Cotter	27:37:00
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**55-59**

Ed Delaplante	21:38
David Alsager	22:00
James Scholl	29:26:00
Bruce McCullen	37:50:00

**60-64**

Bill Zolkowski	26:24:00
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**65-69**

Ranny MacArthur	29:32:00
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## **Aquathlon (2k run/750 meter swim/2k run)**

### **Women**

**Overall Winner**

Kristen Johnston	33:05:00
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**Masters Winner**

Karen Rosinski	37:31:00
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**14 and Under**

Sydney Kinder	41:47:00
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**15-19**

Kelsey Calhoun	34:10:00
Emily Calhoun	34:45:00
Allison Johnson	37:50:00
Kelly Johnson	37:51:00

**20-24**

Kattie Lawrence	34:51:00
Natalie Shultz	41:56:00
Kristin Iannotti	43:55:00
Kelly Dubiel	46:18:00

**25-29**

Heidi Hendrick	33:54:00
Michelle Lee	37:35:00
Beth King	39:00:00
Nina White	39:57:00
Alice Stack	44:52:00
Alyssa Day	53:29:00

Nichole Franz	63:03:00
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**30-34**

Kelly Wissolik	39:48:00
Laura Camann	41:32:00
Renee Darling-Bacon	42:02:00

**35-39**

Nobuko Jyawook	38:36:00
Darcie Donaldson	38:51:00
Rachel Waaro	40:21:00
Amy Yanz-Stewart	41:59:00
Lisa Bentley	42:19:00
Carinne Riebow	53:08:00
Debbie Rose	53:11:00
Michelle Packard	56:30:00
Maria McCormick	61:03:00

**40-44**

Mandy Baker	39:25:00
Jenny Cotton	40:37:00
Alyson Young	48:54:00
Barbara Cooperider	53:07:00
Karen Paclocco	57:37:00

**45-49**

Maggie Zink	57:27:00
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**50-54**

Kathleen Spillane	40:41:00
Mary Campbell	53:10:00

## Men

**Overall Winner**

Matt Perry	29:12:00
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**Masters Winner**

Mark Savedes	30:37:00
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**14 and Under**

William Wickens	35:12:00
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**20-24**

Scott Przystas	29:51:00
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**25-59**

James Wiswell	31:04:00
Adam Bloom	32:47:00
Ben Sinsheimer	38:08:00
Adam Chiasson	39:16:00
Rick Bauer	39:41:00

**30-34**

Nathaniel Spurr	33:48:00
Rob Lydic	36:42:00
Quincy Jones	45:07:00

**35-39**

Roman Krcyzanowski	30:52:00
Shawn Jyawook	31:10:00
Rob Wissolki	32:24:00
Ken Heally	33:56:00
Bernie Brosnan	35:37:00
Kirby Perrault	37:43:00
Paul Scheele	38:49:00
Andrew Veldt	39:17:00
David DeGuzman	39:18:00
Greg Spangler	39:54:00
Mark Pagels	40:46:00
Dan Banfield	55:21:00
Doug Parent	55:58:00
Don McCormick	61:03:00

**40-44**

Jeff Moyer	35:43:00
Paul Pominville	36:56:00
Kurt Einhaus	36:59:00
Joe Bacon	37:08:00
Jack Wickens	41:09:00
Carmi Edwards	42:13:00
Eric Doyle	45:40:00
Charles Packard	63:03:00

**45-49**

Adriano Rosa	31:02:00
James Ringer	32:03:00
Ron Marvin	37:56:00
Jim Ellison	38:03:00
Bruce Young	38:32:00

**50-54**

Patrick Keeney	46:24:00
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**55-59**

Ed Decaplante	35:06:00
Dave Alsager	38:26:00
James Scholl	42:09:00

**60-64**

Richard Reaume	51:05:00
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**65-69**

Ranny MacArthur	40:23:00
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